



The Messenger

Fairmount Avenue Vision Statement

*To be a joyful, welcoming community
igniting hearts and minds for God's work.*

January 2024

Volume 21, No. 1

Sixth Annual "Winter Madness Fairmount Avenue United Methodist Church Shuffleboard Bracket Tournament Extravaganza"

Who will come out on top? Will it be a youth? A seven year old? You?

This winter Fairmount Avenue UMC will be hosting the Fourth Annual Winter Madness Shuffleboard Bracket Tournament Extravaganza!

Open to all ages, we will begin the match ups the week of January 24, with first games taking place on Wednesday at 7:30pm (January 24). Participants will be asked to sign up for Wednesday games and we will build a bracket with a Final Tournament Extravaganza to take place Wed, February 7 at 6:30. The winner of the Winter Madness Shuffleboard Bracket Tournament Extravaganza will receive a trophy and high five from Pastor Shawna!

Sign ups are located in the Fellowship Hall starting in January.

Fairmount Avenue UMC to Co-Sponsor a Refugee Family!

In coordination with the Minnesota Council of Churches (MCC) and the Fairmount Ave Witness Ministries team, our congregation will be co-sponsoring a refugee family upon their arrival to Minnesota in early 2024. MCC will secure housing. FAUMC will be assisting with any/all needs related to family needs as they will be new to Minnesota (and new to the U.S.).

Over a 6-month period, several volunteers from our congregation will be providing assistance in many areas such as: apartment cleaning/set-up (including search for/delivery of furniture and home needs), preparation of a welcoming meal, benefits registration, ongoing transportation to medical appointments, school enrollment, grocery shopping, among other needs.

We are still looking for volunteers! If you would like to be involved at any level, even for just a one-time or minimal time commitment per examples above (or, perhaps by donating furniture/items, use of a vehicle), please contact David Kroonblawd at 612-803-6524 or david.kroonblawd@gmail.com.

We are excited for this opportunity to put our church mission to work, as we strive to be a 'joyful, welcoming community igniting hearts and minds for God's work.'



Winter Music Makers

All Explorers are also invited to join the Music Makers fall program, held at Fairmount Avenue UMC on Thursday evenings, 5:30-6:15pm. The winter program will begin on **Thursday, January 11.**

Designed to introduce children to the joys and foundational skills of music, classes will prepare kids to become musical in 3 ways:

1. **Tuneful** – to have tunes in their heads and learn to coordinate their voices to sing those tunes.
2. **Beatful** – to feel the pulse of music and how that pulse is grouped in either 2s or 3s.
3. **Artful** – to be moved by music in the many ways music can elicit a feelingful response.

Classes will be taught by our very own Mindy Way-Johnson, a musician with more than 35 years of teaching experience in public and private schools, church music programs, and private music studios. She has taught musicians from toddlers to seniors. Mindy has also served as organist, choir director and handbell choir director in several churches. In addition to her bachelor's degree in music education, she holds a Master of Sacred Music from Luther Seminary, and has received training in Kindermusik, MusikGarten, Orff, Kodaly and the Feierabend curriculum for young children.

Registration fee of \$175 includes a music kit with beginner instruments that kids can take home. Scholarships are available.

For more information or to register for the Music Makers fall program, please email admin@faumc.net.



Pastorings



It's a new year, again. This year we will be looking to the "church that we are." A lot has changed since the pandemic, but if we are honest, a lot changed before the pandemic, over decades.

Fairmount Avenue UMC, like many churches, has been going through a series of changes impacted by culture shifts and how people relate to the church. But just because people's attachment and attitudes towards church (as an institution) has shifted, it doesn't mean that people aren't looking for spiritual growth or connections.

This past summer, we began hosting "Meet Ups," with the idea that we would begin to exercise the "invitational muscle." This winter and spring, we will be looking ahead to "Fresh Expressions."

A Fresh Expression is not a small group, but a spiritual opportunity. It's about paying attention to where we and people in our community regularly gather and consider if there might be room or opportunity to not only build connections, but also create opportunities for spiritual connections in these spaces.

As churches across our connection have started to experiment with Fresh Expressions, people have imagined "Kayak Church," Dog Park Church," "Church of the Flying Disc" (frisbee golf,) and even "Burritos and Bibles."

Throughout the winter, we will explore what Fresh Expressions might look like in our community as we live into our missional goals and vision statement, "creating a

joyful, welcoming community, igniting hearts and minds for God's work."

— Pastor Shawna

January Worship Planning

January 7 — Luke 3:21-22

How does a weary world rejoice?

We trust our belovedness.

Baptism of the Lord

Rev. Shawna Horn

January 14 — Samuel 3:1-10,11-20,
and John 1:43-51

Becoming the People of God

Your Servant is Listening

Rev. Shawna Horn

January 21 — Jonah 3:1-5, 10

and Mark 1:14-20

Becoming the People of God

A Second Time

Rev. Shawna Horn

January 28 — Deuteronomy 18:15-
20, and Mark 1:21-28

Becoming the People of God

Among Your Own People

Rev. Shawna Horn

Looking Ahead

Ash Wednesday — February 4

Worship at 7:00pm, no T.G.I.W.

New Year Worship Becoming the People of God

We begin the new calendar year in the season of Epiphany, a time when we focus on the revelation that Jesus is fully God and fully human, God Incarnate among us. This year, we are using the season between Epiphany and Ash Wednesday to explore becoming the people of God. Notice that we do not say "become" or "became" or "will become." Rather, we are on a constant journey of becoming as we travel a path that we share with faithful followers in the Old and New Testaments, guided by the divine Light who forms us individually and communally into the people of God.

From: umcdiscipleship.org

All Church Budget Town Hall Meetings:

**Sundays January 7 & 14,
following worship**

Please plan to join one of the two community meetings that will be held after worship on Sundays January 7 and 14 after worship to discuss the 2024 budget.

This is not an official church conference, but a time to learn about the changes to the 2024 budget, ask questions, and be part of the budget process. This year our Church Council is committed to passing an even budget, which means trimming the budget in significant ways. This also means being creative with some of the usual ways we do things and will open up new volunteer opportunities in the church.

We will provide Zoom links for the meetings, but in person participation is strongly encouraged.



It Isn't Too Late to Pledge!

If you haven't pledged for 2024, there is still time. Annual pledges help the leadership of the church plan well for the coming year. Your pledge is important to our planning process. You can submit a pledge online, by mail, or contacting the church office.

Coming Soon: Our Annual Midwinter Concert

Our Midwinter Concert will be held on Sunday, February 11th at 2 pm! Time to blast away those winter blues with a fun program of varied music, from vocal and instrumental solos, to small groups, to choirs of bells and singers. If you would like to participate, please contact Mike at music@faumc.net.



A Note from the Staff-Parish Relations Committee

Our IT Ministry Director, Mike Kelly, has resigned from his staff position as of December 31st.

We do not anticipate backfilling this position for the foreseeable future. Rather, we are exploring ways we can accomplish this important function with a team of volunteers.

Thank you, Mike, for your faithful and meaningful service to us, and for a job well done!

Women's Retreat: Save the Date!

We are excited to share that we will be having a Women's Retreat at The ARC from February 23-25, 2024. The focus for this year's retreat will be "Reconnecting: Mind, Body and Spirit." Details will be announced shortly. Sign up online or by reaching out to the church office to reserve your spot. This is a great time to invite girlfriends, sisters, moms, aunts, daughters, etc... for a fun and inspirational weekend! Space is limited.

Midweek Bible Study is Back!

Join online at noon every Wednesday for a time of discussion, prayer, and connection. No homework or preparation required. Drop in when you can!

Room Code: 86287164931

Currently we are reading through the John's Gospel.

2024 Save the Date: Annual Fairmount North Shore Hiking Weekend September 27-29, 2024

Whether you enjoy short or long hikes in the woods or wandering around Two Harbors on a fall weekend, join other Fairmount friends for a fall weekend of fellowship with a worship service on the shores of Lake Superior to end our time together. Please secure your lodging as soon as possible as lodging can book quickly. Besides hotels in the area, there are cabins, Airbnbs, and a municipal campground in Two Harbors. In addition to the hiking, there will be options for meeting on Friday and Saturday evenings in addition to the church service. If you have any questions, please contact Carol Hokanson (carol.hokanson@gmail.com).

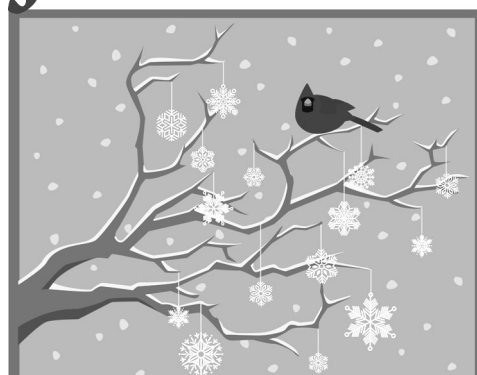
If she can't answer your question, there is a team working on the trip that may be able to assist. Hope to see you on the shore this fall!

Annual Giving Statements

Statements for all donors will be mailed mid-January. Reach out to Elizabeth Herge, Finance Secretary, in the church office with any questions or concerns. Thank you for your continued generosity!



JANUARY



BIRTHDAYS

- 1 Muriel Olson
K. Coquemont
- 2 Carol Dallman
- 3 Carol Hokanson
- 4 Tracy Smith
E. Horn
- 5 Terri Ausen
Jacob Hugart
Jacqueline Fisk
Carolyn Kelly
L. Miller
- 6 Riley Lindstrom
- 9 Sik-Toh Ting
- 10 James Eaton
H. Duesterhoeft
- 11 Eileen Clift
- 12 A. Senaratna
- 13 Siri Hokanson
D. DeArmond
- 18 Stephen Howe
- 22 Laura Mazhari
Blake Butenhoff
- 24 Mike Erlandsen
- 25 Denise Buesing
- 26 Verena VanFleet
- 28 Holly Hugart
M. Bryan
- 30 Gloria Thompson
Maggie Cousin
Dan Tuma
Annika Tuma

*full names of those under the age of 18 are not shown to protect privacy

Be a birthday caller! Sign up online at tinyurl.com/3k3cvvvnv, or contact Cindy Bevier at (651) 641-0745 with any questions.

Food Security Ministries

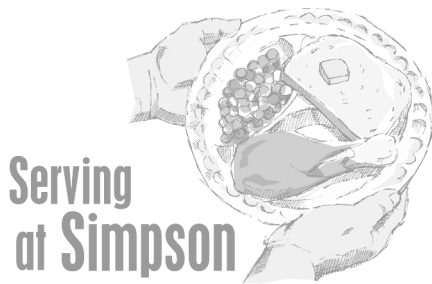
Simpson Shelter

Next Simpson Meal – January 30th

The next meal at the Simpson Housing Service's Shelter in Minneapolis is coming up on Tuesday evening, January 30, 2024. If you are interested in helping with the upcoming meal by shopping, transporting supplies to Simpson, preparing, or serving the meal, please sign up online:

<https://www.signupgenius.com/go/9040F4AAFAA2BA31-46925753-january>

We look forward to seeing you there! For more information about volunteering contact Dave Hokanson via email at hokanson.dave@gmail.com.



First Fruits

Sign up to collect and deliver at www.faumc.net. Deliver donations to Keystone (1916 University Ave. W., St Paul, MN 55104). They accept donations M-F from 9-5 during the week. Mask and gloves required. Food Security Ministry Team: Judy Thielen at 3klsdal@gmail.com or Linda Hucke at linda.hucke@centurylink.net.

Serve at Provincial House

Project Home is looking for help serving meals as a part of its weekend meal teams. There are 4 shifts available every weekend.



This opportunity is great for groups of 3-6 people. Currently the way it works is for one person to sign up for the shift and then bring another 2-5 others with them to help. The link for more information and to sign up: <https://tinyurl.com/PHMealTeams2023>. Questions? Steve Wertz (sdwerts@msn.com) has previously signed up for the dinner shift on Saturday evenings and would be happy to answer questions. If new to serving at Provincial House, Steve can join your group for an informal first-time orientation. If you have already helped there and need another person to fill out your team and he is available, Steve can join your group to serve .

Other Ways to Volunteer

Adopt-A-Drain

We are in need of volunteers to clean the storm drains near the

church: 3 at the corner of Fairmount and Saratoga and 2 on Fairmount just east of Snelling. Volunteers are asked to simply pick up trash, leaves and debris to allow water to drain. Sign up for a month at <https://www.signupgenius.com/go/4090c4fada828a2fa7-adopt>. Email Nita with any questions at nitahanson@gmail.com.

In Worship

We need volunteers to assist with worship, in-person and online! For in-person worship, we are looking for volunteers to greet, serve as liturgist (read scripture and liturgical prayer in worship,) and assist in the A/V Booth to run the screens in the sanctuary and assist with the livestream, (training provided.) We also need online greeters to keeping our community connected while we worship online. Online greeters also receive a "script" with helpful posts to put in the comments during the livestream worship service.

Or come play in the nursery! Sign up for just one Sunday per month to be in the nursery and be a part of creating a welcoming home at Fairmount Avenue UMC for kids and their families. Volunteers must pass background check. Contact Ashton Pappas at ashton@faumc.net to sign up.



**Every Wednesday,
join us at 5:30pm in
the Fellowship Hall!**

To sign up as a helper, visit tinyurl.com/mryr4wxc, contact Terri Ausen, or email admin@faumc.net.



Sunday School: WOW!

Be amazed in Explorers' Sunday School: Wow! Over the next four weeks, we will discover Jesus' miracles including feeding the five thousand, calming the storm, and walking on water. We will praise God, "In your hands are strength and power to exalt and give strength to all," (1 Chronicles 29:12) and look for the power of miracles like these in our own lives.

Sunday School for Explorers in PreK -5th Grade is on Sundays from 9:00 -10:00am. Contact Ashton Pappas, Director of Children's Ministries, at ashton@faumc.net for more info.



T.G.I.W. Spiritual Practices

Begin the new year with new activities and practices. Each week, kids will learn through play to spend time with God and with each other, to use their gifts, and to share their stories. Each of these leads them closer to God and closer together.

Join us Wednesdays, 6:30-7:30pm, and contact Ashton Pappas, Director of Children's Ministries, at ashton@faumc.net for more info.

Children's Choir Returns!

The Explorers choir meets to rehearse regularly again on Wednesdays at 6:00pm in the education wing (upstairs). Reach out to Ashton or Paul Howe (paul.howe@hotmail.com) with any questions or for more information.

The Children's Choir will again be singing in worship on **January 28**.

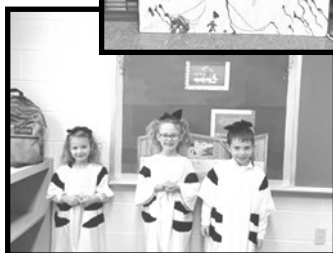
Prepare your Piggy Banks...

Explorers will collect change and select a cause to donate to once again this Lent. Look out for more details in February.



There will be no T.G.I.W. programming on Wednesday, January 3. See you January 10!

A huge "thank you!" to everyone who helped with the children's Christmas program, giving your love and sharing the story of God's love.



Cindy's Corner

Reflection Topic: Connections

*How do we connect?
Who do we connect with?*

In the Followers Sunday Faith Formation and Wednesday Programming, we connect to each other through games, activities, and coffee outings. We connect to the early Christians in the study of Acts and to Wesley and Methodism traditions of communities. We also have connected to others through service, like hosting a mini-Fall Fest for the Explorers, serving the church by sacredly disposing of the expired individual communion wafer/cups, raking leaves for members, playing music in worship, sending college students mini-care packages, and putting together holiday cards and sweets for Emma Norton Residence guests.

The Young Adults (Y.A.M.s) have greeted visitors in worship, shared music or served in worship, connected over Spaghetti and Scripture chats, theater outings, and Creating a Take-n-Bake, and of course our Christmas party.

Where do we go from here? We will explore going out into the community with and to meet others in connection. We will continue to make connections and serve within our congregation as well.

I hope this inspires **all** of us to continue to make intentional connections with old friends and new within our church community and beyond!

Cindy Radtke, Director of Youth and Young Adult Ministries
cindy@faumc.net 763/321-8077

P.S. Followers, Follower Parents/ Guardians and Y.A.M. Young Adults: Please keep connected with our e-newsletter from Smore. Email Cindy if you are not receiving them.



Sunday Faith Formation

Followers youth Faith Formation is held in the youth room on Sundays, 9:00-10:00am. We start back up on January 7 with a coffee shop field trip! We continue our study of the early church community through Acts. Come often; come when you can!
What to Expect: A time to connect and discuss faith formation topics. We will start off with the theme "Building Connection and Community," using teachings of Jesus, Wesley, and beyond!

Followers T.G.I.W.

Thank God It's Wednesday, including Followers Youth Group, runs each Wednesday night, 6:30-7:30pm. Come often; come when you can!

What to Expect: We will build community through games, activities, prayer, and worship. We will explore our faith in action!

- **1/3:** No Wednesday T.G.I.W. Followers' Youth Group (break)
- **1/10:** Follower Youth Sunday Planning – work together to plan the worship! Bring your

creative ideas!

- **1/17:** The Stories that Connect: Revisit our favorite Bible stories with Modernizing
- **1/24:** Prep a Valentine Card/ gift for the next week's nursing home visit
- **2/7:** ~5:30-7:30pm: Nursing Home Visit



All those Followers who say "maybe/yes" to participating in the Winter Retreat and/or Mission Trip 2024:

You must attend one (1) of the following information sessions:

Note: Grab your food from Fellowship Hall and come on time to eat and meet! We will be reviewing critical information, contracts, etc., for both.

Sunday, January 7, 10:00 - 10:25am in the Followers' Classroom

Or, **January 10, 6:00 - 6:30pm in the Followers' Classroom**

If needed, **Sunday, January 14, 10:00 - 10:25am in the Followers' Classroom**

Note: Seniors will still prep a few fun items for Winter Retreat on Sunday, 1/21 from 10 - 10:30am

All things Youth Sunday, February 4, 2024

Youth Sunday will be planned at the following times:
Sunday, January 7, we will brainstorm during Faith Formation when we get coffee together!

If you plan to participate, we will need you to be in attendance at least one (1) or both to plan the following for parts speaking and non-speaking:
Wednesdays, January 10 during T. G.I. W.

Followers' Youth Group Sunday, January 14 during Sunday Faith Formation February 4, we'll have a special continental breakfast at 8:45am, then go into the Sanctuary right at 9:15am to run through everything. Then at 10:00am, we will pray with Pastor Shawna, and get into positions.

Pasta Extravaganza and Silent Auction: March 3, 2024

Get ready to submit your Silent Auction Items! From offering to do Fellowship time to season tickets to themed baskets to hosting a special meal at your home—be creative! Thank you for supporting our Followers' future mission work!

YOU ARE A MIRACLE

YAM

**YOUNG ADULT MINISTRY
FAIRMOUNT AVENUE UMC**

Sunday Faith Exploration: Y.A.M. Faith Exploration is held each Sunday following worship, 11:45am-12:45pm in the Wesley room. Come often; come when you can! Coming Up... **1/7:** We will join together in the Church Townhall. More details to come. **1/14:** Study of Acts Empowering Spirit— Zoom Meeting ID: 812 3950 0489; Passcode: 048277 1/21-/28 TBD.

Spaghetti and Scripture: First Saturdays, January 6, February 3, 5:00-6:00pm, upstairs kitchenette/Wesley Room. Come for conversation, vegan spaghetti (optional cheese/meat), and a chat around scripture.

Service Activity: Saturday, January 20, 4:00-6:30pm serve dinner at Project Homes' Provincial House. Contact Cindy for more information.



The UMW-UWF **Afternoon Circle** will meet on Monday, January 14 at 1:00pm via Zoom. We will begin discussing the book, *Words of Life, Jesus and the Promise of the 10 Commandments* by Adam Hamilton. Books are available on most book selling sites and in stores. All are welcome to join. Contact Muriel Olson for the meeting link.

The UMW-UWF **Book Group** usually meets on the 4th Monday of the month, and share great discussions. Meetings typically last an hour or so. All are welcome to join. Contact Marge Langer for more information or Muriel Olson for the Zoom link. This year we will read the following:

January 22: *Call Us Call Us What We Carry* by Amanda Gorman

February 26: *The Last Circle of Love* by Lorna Landvik

March 25: *Violin Conspiracy* by Brenda Slocumb

April 22: *The Nature of Fragile Things* by Susan Meissner

May 22: *The Reader* by Bernhard Schlink

June 24: *Lessons in Chemistry* by Bonnie Garmus

July 22: *The River We Remember* by William Kent Krueger

August 26: *The Faith Club: A Muslim, A Christian, A Jew* by Ranya Idliby, Suzanne Oliver, and Priscilla Warner

September 23: *The Poisonwood Bible* by Barbara Kingsolver

October 28: *March* by Geraldine Brooks

November 25: *The Sentence* by Louise Erdrich

We will not meet in December.

Covenant Discipleship Groups

Covenant Discipleship Groups are small groups that meet regularly, often weekly or monthly, to support one another in their personal commitments of faith practice. They are not Bible studies per se, rather peer groups that create a covenant for each person to practice their faith beyond just Sunday mornings, through personal Bible study, prayer, acts of service and compassion, worship, and other faith formation opportunities. These groups can meet in person or online.

Monday Meditations

We send out a weekly email newsletter, Monday Meditations, which offers important information about the upcoming week, details about worship, and a devotional thought from Pastor Shawna. If you would like to join the Monday Meditations email list, sign up online at www.faumc.net or email the church office at admin@faumc.net.

Newsletter Deadline

The submission deadline for the February issue of the Messenger is **Monday, January 15**. Please send all materials to the office **no later than the 15th**.

COVID-19 Policy

Our current Covid-19 policy is "masks welcome, but not required." Please stay home if you are unwell and join us for worship online.



Weekly Sunday Schedule

9:00am— All Ages Sunday School
10:00am— Fellowship Time
10:30am— Worship
after worship, fellowship continues

In Person Worship Tips:

We are livestreaming worship. The camera does not focus on worshippers, but if you wish to avoid being on camera, consider sitting in the back of the sanctuary or in the balcony.

We want to pray with you.

Complete a Prayer Card before worship and hand to an usher (mark the box that it can be shared in worship) to be included in our congregational prayer. Or, simply put in the offering box/plate. Be sure to check the box to share the prayer request in worship, otherwise it will only be shared on our email payer chain.

Communion is offered every first

Sunday during worship. We hope to resume coming forward for communion in October.

First Fruits food donations are

generally collected the first Sunday of every month. Donations support Keystone Community Services, our local food shelf.

If you are experiencing any symptoms of Covid-19, please stay home and join us for worship online.

Online Worship Tips:

Be sure to follow [Fairmount Avenue United Methodist Church on Facebook](#).

Subscribe to [Fairmount Avenue UMC's YouTube channel](#). We will be using YouTube to offer other creative learning experiences as well as publishing our weekly worship and Children's Message.

Share our worship services on your social media, inviting others to join!



Blood Pressure checks will be offered in the Susanna Room from 10–10:30am and following worship on **Sunday, January 7.**

New Years resolutions are generally formulated at this time of the year. Benjamin Franklin said “an ounce of prevention is worth a pound of cure,” so let’s think of prevention in relation to health and wellness as a resolution. **Pick one thing to work on** and when it is established, choose another. Often the hardest part is getting started.

Visiting your doctor for an **annual checkup** will help to identify and treat health conditions before they become serious. They will also recommend blood work to assess for a variety of conditions related to the heart and kidneys and diabetes. Cancer screenings such as a colonoscopy, pap smear, mammogram, or possibly a lung cancer screening may be recommended.

Have an **eye exam** as recommended by your eye doctor.

Assess your **vaccination status.** There are many vaccines recommended by the CDC. Children should follow the recommendation of their doctor. Adults should also check with their doctor. Generally adults should receive the Diphtheria Tetanus Pertussis (Dtap or Dt) at least every 10 years, a yearly flu shot, and the current COVID-19 booster. Older adults and those at risk should receive the shingles and pneumonia vaccines. Check with your doctor if you should receive the RSV vaccine.

Dental health is important, too. Poor gums and/or teeth can affect your heart, or put you at risk of infections. See your dentist regularly, brush twice daily and floss daily at a minimum.

A diet that is rich in fruits and vegetables (5-6 servings/day), low in saturated fats and red meats, includes fish and foods with omega 3 fatty acids, and includes beans and lentils helps reduce cholesterol, blood pressure, can improve brain health and heart health, help prevent diabetes and cancer.

Most people should **exercise** at least 30 minutes a day. This also improves blood pressure, improves your brain health, immunity, and bone health. Include some balance exercises to prevent falls and some strength building.

The recommended amount of **sleep** is 7-8 hours a night. This helps to improve your immune system and helps the brain to clear out debris from the day of thinking– thus reducing the risk of developing dementia.

Having people to relate to (**a community**) improves mental health, reduces stress, helps you live longer, and helps to keep your brain sharp. Come to Fellowship Time before worship, attend Sunday School, another small group, volunteer, or invite a neighbor or friend to have lunch or coffee.

Manage **stress** to improve your immune system, mental health, brain, and your body in general. Know what gives you stress and plan how to deal with or avoid it. Some stress is unavoidable. Spend some time each day doing something you enjoy or that brings calm. It could be a walk, journaling, meditating, praying,

or talking to a friend. Learn to say “no.” Pray for God’s guidance in how you use your time.

Maybe you feel the need to develop better **spiritual health** and a closer relationship with God. Spend time in prayer, worship, reading the Bible and other books that are helpful, attend Sunday School, a Covenant Discipleship group or maybe a retreat.

I Corinthians 6:19-20 “...*your body is a temple of the Holy Spirit within you, whom you have from God. You are not your own, but are bought with a price, so glorify God in your body.*”

Have a healthy (spiritual, physical, mental, emotional, social) 2024.

~ Muriel S. Olson RN, BS,
Parish Nurse

Prayer Chain

The email prayer chain is an important way that we fulfill our baptismal promises to pray for one another. If you would like to take part in this prayer ministry, sign up online or email the church office.

Fellowship Hall Prayer Wall

A Prayer Wall is located in the Fellowship Hall as a way to share prayer requests and support one another in prayer.



Upper Room Devotionals

The Upper Room Devotional book is available in the Little Free Library in front of the church building or at each entrance. These devotional books are a free resource for you.

Prayer Shawl Ministry

Join us this month on Monday, January 8 at 7:00pm and Sunday, January 28 via Zoom. New members welcome! In 2023 we presented 15 shawls. Contact Muriel Olson for the link.

Fairmount Avenue UMC

1523 Fairmount Avenue
St. Paul, MN 55105

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Volume 21 No. 1 **January 2024**



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Lent Preview

Church Staff

The Congregation
Ministers

Rev. Shawna Horn
Pastor

Cindy Radtke
Director of Youth and
Young Adult Ministries

Ashton Pappas
Director of Children's Ministries

Michael Ferguson
Director of Music, Organist,
and Adult Choir Director

Mindy Way-Johnson
Heritage Ringers Director

Muriel Olson
Parish Nurse

Kirsten Herkenhoff
Custodian

Tom Herkenhoff
Boiler Technician

Elizabeth Herge
Administrator
Communications Director

Weekly Sunday Schedule
9:00am— All Ages Sunday School
10:00am— Fellowship Time
10:30am— Worship
after worship, fellowship continues

**All Church Budget Town
Hall Meetings**
**Sundays January 7 and 14
following worship**
*All are invited to learn about and
discuss our 2024 church budget.
Zoom will be available; in person
participation recommended.*

**"Thank God It's Wednesday!"
Weekly Schedule**
5:30-6:15pm — Wednesday supper
in the Fellowship Hall
6:00-6:30pm — Children's Choir
rehearsal in the education wing
6:30-7:30pm — T.G.I.W. activities
for all ages
6:30-7:30pm — Heritage Ringers
rehearsal in the Wesley Room
7:45-9:15pm — Adult Choir rehearsal
in the Rosenberg Room
**No programs January 3*

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